

## Guidance Notes 1

October 2010

### Using Values in Healthcare: a spiritual approach in the UK

*Values in Healthcare: a spiritual approach* (VIHASA) was launched in the UK in September 2004 and is being used in the UK and around the world in various settings. There are individuals, groups of people or organisations that want to make the materials available to other people or to use it flexibly and integrate with other training. Many countries around the world have also translated the material in other languages or are in the process of translation. The pack was developed by healthcare practitioners in the UK to mainly bring benefit to healthcare staff working in the UK National Health Service. However, the programme has a wide appeal for alternative and complementary professionals as well as other professional bodies in the UK and abroad.

The Janki Foundation for Global Health care (JF) is committed to support anyone wishing to develop the use of VIHASA in the UK or abroad. The following are some suggestions to consider:

1. Create a small group of potentially interested people and share information that you have received (leaflets; Information packs; Power Point presentations), and experience of the VIHASA training if you have attended it.
2. Purchase the VIHASA Pack and experiment running the whole or part modules within the group, or individually or in co-facilitation if there is an opportunity.
3. Attend VIHASA modules organised by JF or by your regional group to experience the materials yourself. If you wish to become a facilitator for the programme, we recommend that you attend the VIHASA Facilitators Training organised by JF. Please register your interest by emailing us at [values@jankifoundation.org](mailto:values@jankifoundation.org)
4. If you wish to introduce the programme to your healthcare service or local area and want support with introductory presentations, workshops, etc, please contact the JF office in London directly or email us [values@jankifoundation.org](mailto:values@jankifoundation.org) JF can then advise and support you with the appropriate personnel depending on the setting and need of the organisation / service at the time. If JF cannot meet the requirements directly, the Foundation would recommend an appropriate trainer / consultant who maybe able to help. JF does not recommend that you go to an unknown trainer for the implementation of the VIHASA programme.
5. If you are a trainer, consultant or an educator and wish to use the materials either fully or partly, as part of your business from which you are earning an income, then you can apply for license to JF to use the materials. Please contact us at [values@jankifoundation.org](mailto:values@jankifoundation.org)



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6. We will send you an application and depending on the extent you use the material, we would request that you make a donation of up to 20% of the gross fees charged. Detailed guidelines with the Foundation's ethos would also be sent. *The publisher and copy right page, 'Amendment dated 2007' in the VIHASA pack is attached.*