



The Janki Foundation for Global Health Care
*Values-based care supporting practitioners and patients –
putting heart into healing*

What's on...

September – November 2011

Workshops for healthcare practitioners



Compassion in Practice

Sunday 18th September, 2011 2.30pm - 5.00pm

Registration required by: Wednesday 14th September



Compassion can be likened to the sun, in that it is always there but sometimes it cannot shine through because of clouds. The clouds are the negativity that obscures our true nature of compassion. Compassion brings humanity to health care. It is the expression of our innate qualities of patience, generosity and kindness. This session explores ways to bring compassion into care.

Well-being in Practice

Sunday 23rd October, 2011 2.30 pm - 5.00pm

Registration required by: Wednesday 19th October



Valuing the self requires that we recognise our own worth and, in doing so, we can better acknowledge the intrinsic worth of others. Participants will reflect on ways they currently look after themselves and explore sources of personal support they have available to them in particular situations. Self-confidence will grow as they develop their self-respect. This can help them to bring mutual respect and harmony into their relationships, to the benefit of themselves, their patients and colleagues.

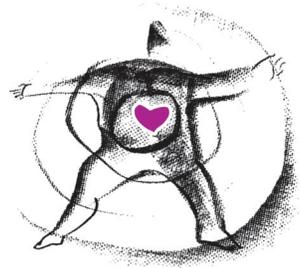
Please see overleaf for more details and register at
events@jankifoundation.org
for any of the events or call 0208 459 1400

www.jankifoundation.org



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Spiritual Care in Practice

Sunday 27th November

2.30pm - 5.00pm

Registration required by: Wednesday 23rd November



Spirituality in healthcare is a vital concept in furthering the ideals of holistic health and in meeting needs of patients and practitioners alike. In this session, participants will explore the meaning of spirit, spirituality and spiritual care followed by a discussion on how these concepts can be integrated in our work to enhance the healing process for both self and those in our care.

Please register at:

events@jankifoundation.org for any of the events or call
0208 459 1400

VENUE: The Janki Foundation for Global Health Care, Moran House, 449/451 High Road, Willesden, London, NW10 2JJ.

There is no charge for these events. However, we request a £10 refundable deposit to secure a place for each workshop. Voluntary contributions welcome.

Reg Charity No: 1063908

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